Coverage Guidelines: Botox (onabotulinum toxin A), Dysport (abobotulinum toxin A), Myobloc (rimabotulinum toxin B)

Policy
Network Health covers Botox (onabotulinum toxin A), Dysport (abobotulinum toxin A) and Myobloc (rimabotulinum toxin B) products with prior authorization for *Network Health Forward*® and *Network Health Together*® members who meet specific coverage criteria. Botox, Dysport, and Myobloc are available as a pharmacy benefit (through our specialty pharmacy program) or as a medical benefit.

Covered conditions
*Network Health covers Botox for the following conditions:*
- Strabismus associated with dystonia in members 12 years and older
- Blepharospasms associated with dystonia in members 12 years and older
- Seventh cranial nerve disorders such as hemifacial spasm, jaw closing or mandibular dystonia, masseter spasticity, and orofacial dyskinesia in members 12 years and older
- Primary axillary hyperhidrosis inadequately treated with topical agents (e.g., Drysol, aluminum chloride hexahydrate 20%)
- Spasmodic torticollis or cervical dystonia in members 16 years and older
- Upper/lower limb spasticity due to cerebral palsy in pediatric members
- Upper/lower limb spasticity due to multiple sclerosis, stroke, brain injury, or spinal cord injury
- Achalasia in members who failed pneumatic dilation or surgical myotomy or have a high risk of complications from these treatments
- Spasmodic dysphonia, laryngeal dysphonia (laryngeal spasm), or laryngeal dystonia
- Urinary incontinence in members who failed pharmacotherapy (e.g., oxybutynin, tolterodine, fesoterodine, darifenacin, solifenacin, trosplum) due to detrusor overactivity (detrusor hyperreflexia) caused by a spinal cord injury
- Chronic anal fissures in members who are refractory to conservative therapy (e.g., nitroglycerin anal ointment)
- Chronic migraine headaches when the member meets all of the following criteria:
  - Has been evaluated by a neurologist or headache specialist
  - Has tried and failed treatment with two other forms of prophylactic therapy (e.g. beta blockers, calcium channel blockers, antidepressants, anti-epileptics)
  - Has been compliant with prior therapy for chronic migraines

*Network Health covers Dysport for the following condition:*
- Spasmodic torticollis or cervical dystonia in members 18 years of age or older
Network Health covers Myobloc for the following condition:
- Spasmodic torticollis or cervical dystonia in members 16 years of age or older

Please note: Network Health will approve one year of initial treatment with Botox, Dysport or Myobloc if a member meets all of the initial criteria for a condition described earlier. Network Health will continue to approve Botox, Dysport or Myobloc treatment on an annual basis for the covered conditions described earlier when a provider provides clinical documentation (e.g., office note, specialist note) of member improvement while receiving Botox, Dysport or Myobloc.

Noncovered conditions
Network Health does not cover Botox or Myobloc for the following conditions:
- Cosmetic uses including, but not limited to, glabellar lines (wrinkles and frown lines), aging neck, and blepharoplasty (eyelid lift)
- Headaches including, but not limited to, cervicogenic, cluster, or tension-type. Network Health considers the use of these products to treat these types of headaches as experimental and/or investigational.

Definitions
Achalasia is a rare disorder in which the muscle at the end of the esophagus does not relax enough for the passage to open properly.

Anal fissure is an unnatural crack or tear in the skin of the anal canal.

Blepharospasm is a condition in which there is sustained, forced, and involuntary closing of the eyelids.

Botulinum toxin is a medication and a neurotoxic protein produced by the bacterium Clostridium botulinum.

Cervical dystonia (spasmodic torticollis) is a chronic neurological movement disorder causing the neck to involuntarily turn to the left and/or right, and upward and/or downward.

Chronic daily migraine is a migraine headache that occurs greater than 15 days per month and lasting longer than 4 hours.

Dyskinesia refers to the effects of diminished voluntary movements and presence of involuntary movements.

Primary axillary hyperhidrosis is a condition characterized by excessive underarm sweating thought to result from localized hyperstimulation of sweat glands by cholinergic sympathetic nerve fibers.

These guidelines apply to Network Health Forward and Network Health Together plans. Coverage is based on member benefits and eligibility; medical necessity review, where applicable; and the Network Health provider agreement. Adherence to these guidelines by a provider does not guarantee coverage. Network Health reserves the right to amend these guidelines at its discretion.
Spasmodic dysphonia (laryngeal dystonia) is a voice disorder characterized by involuntary movements of one or more muscles of the larynx (vocal folds or voice box) during speech.

Spasticity is a condition in which certain muscles continuously contract causing involuntary muscle movement.

Strabismus is a condition in which the visual axes of the eyes are not parallel and the eyes appear to look in different directions.

Urinary incontinence is a condition in which urine leaks involuntarily from the bladder.

Guidelines references

These guidelines apply to Network Health Forward and Network Health Together plans. Coverage is based on member benefits and eligibility; medical necessity review, where applicable; and the Network Health provider agreement. Adherence to these guidelines by a provider does not guarantee coverage. Network Health reserves the right to amend these guidelines at its discretion.


